

# Regina AA Meetings

## Sunday

**9:00am - Sunday @ 9 Group** ☺  
Ramada Hotel -1818 Victoria Avenue  
**10:00am - Sunrise Breakfast Group** ☺  
Eureka Club, 1165 Pasqua Street  
**11:00am - Fellowship Group** (Open Meeting)  
2710 – 10<sup>th</sup> Avenue (basement of white row house)  
\*Smoking  
**11:00am – Meeting in the Park (Open)**  
CNIB Building on corner of Broad & Broadway.  
**7:30pm - Northside Group** ☺  
St. Peter's Church, 100 Argyle Street North (Open Meeting last Sunday of the month)  
**7:30pm - Vista Group**  
Canadian Martyrs Church, 1932-1st Avenue N.  
**8:00pm – New Hope Group (Open Meeting)** ☺  
Cathedral Neighbourhood Centre, 2900 – 13<sup>th</sup> Avenue (upstairs)

## Monday

**7:00am - Monday Breakfast Group** ☺  
7 Oaks Hotel, 777 Albert Street  
**12 Noon - AA for Women** ☺  
Sunset United Church, 177 Sunset Drive  
**12 Noon – Acceptance is the Answer Group**  
(open mtg on Stat holidays) ☺  
Eureka Club, 1165 Pasqua Street  
**12 Noon – Happy Hour Group** ☺  
St. Paul's Cathedral, 1859 McIntyre Street  
**12 Noon - Out to Lunch Bunch** ☺  
7 Oaks Hotel, 777 Albert Street  
**12:10pm – Noon East Side Group (Open Mtg)**  
Holy Child Church, 2636 7<sup>th</sup> Avenue East  
**8:00pm - Harmony Group** ☺  
Living Spirit Centre, Doan Drive & Arcola Ave.  
**8:00pm – Hero AA Group**  
Grace Presbyterian Church, 3717 Hill Avenue  
**8:00pm - Massey Road Group** ☺  
Whitmore Park United Church, Durham Drive & Grant Road  
**8:00pm - Novalco Group** (Step Series)  
Our Savior's Lutheran Church, 190 Massey Road (parking lot door)  
**8:00pm - South Hillsdale Group** ☺  
Wesley United Church, 3913 Hillsdale Street  
**8:00pm - 12 Steps to Recovery Group**  
Zion United Church  
120 Broad Street, Side Door  
**8:30pm - Fellowship Group**  
2710 – 10<sup>th</sup> Avenue (basement of white row house)  
\*Smoking

## Tuesday

**12 Noon – Acceptance is the Answer Group** ☺  
Eureka Club, 1165 Pasqua Street  
**12 Noon - No Name Group** ☺  
St. Paul's Parish Hall, 1859 McIntyre Street  
**3:00pm – Healing Spirits Group** ☺  
Red Ribbon Place, 2735 5th Avenue  
**7:00pm - Jo-Cor Group**  
Regina Provincial Correctional Centre (Guests must be cleared, please contact the AA Office for information)  
**7:00pm - Westview Dual Diagnosis**  
2035 B Osler Street  
**7:30pm – Nu-Life Group** First Presbyterian Church, 2170 Albert Street. Please use side door.  
**7:30pm - Walsh Acres Group**  
New Hope Lutheran Church, 370 McIntosh Street North (use North East door).  
**7:30pm – Fresh Start Youth Group** Wascana Rehabilitation Centre. Meeting Rom 5 (by the Cafeteria).  
**8:00pm - Home Away from Home 12 x 12** ☺  
Cathedral Neighbourhood Centre, 2900 – 13<sup>th</sup> Avenue (upstairs) \*Door is locked at 8:10pm  
**8:00pm - Last Chance Group** (Open Mtg) ☺  
Christ Lutheran Church, 4825 Dewdney Avenue (back door, downstairs)  
**8:00pm - Pasqua Group** ☺  
Grace Mennonite Church, Pasqua Street and King's Road (rear door)

**8:30pm - Four Aces Group** (Open Meeting)  
Indian Métis Christian Fellowship Building, 3131 Dewdney Avenue

## Wednesday

**7:00am - Wednesday Breakfast Group** ☺  
Knox Metropolitan Church, 2340 Victoria Ave.  
**12 Noon – Acceptance is the Answer Group**  
(open mtg on Stat holidays) ☺  
Eureka Club, 1165 Pasqua Street  
**12 Noon – Happy Hour Group** ☺  
St. Paul's Cathedral, 1859 McIntyre Street  
**12 Noon - Out to Lunch Bunch** ☺  
7 Oaks Hotel, 777 Albert Street  
**7:30pm - 449 Group** ☺ (Open Meeting)  
Wascana Rehabilitation Centre, 2180 – 23<sup>rd</sup> Avenue (2<sup>nd</sup> floor, Room 5)  
**7:30pm – Healing Hands Group** ☺ (Side Door)  
(Open Meeting Last Wednesday)  
Rosemont United Church, 5000 8th Avenue  
**8:00pm - Heartview Group** ☺  
Little Flower Church, College Ave. & Edgar St.  
Open Meeting 4<sup>th</sup> Wednesday of Month  
**8:00pm – Red Road Group**  
1355 Albert Street (SWAP-back door)  
**8:00pm - Novalco Group**  
Our Savior's Lutheran Church, 190 Massey Road (parking lot door)  
**8:00pm - One Way Group**  
St. Mary's Anglican Church, Montague Street & 15<sup>th</sup> Avenue (ring bell, door locked)

## Thursday

**12 Noon – Acceptance is the Answer Group**  
(open mtg on Stat holidays) ☺  
Eureka Club, 1165 Pasqua Street  
**12 Noon - No Name Group** ☺  
St. Paul's Cathedral, 1859 McIntyre Street  
**8:00pm - Free Speech Group**  
Holy Child Church, Bentley Drive & 7<sup>th</sup> Ave. East  
Open Meeting last Thursday of the month  
**8:00pm - Northern Lights Group** ☺  
Norman Kennedy Presbyterian Church, 5303 Sherwood Drive  
**8:30pm - Fellowship Group**  
2710 – 10<sup>th</sup> Avenue (basement of white row house)  
\*Smoking

## Friday

**7:00am - Friday Breakfast** ☺ (Open Meeting)  
Seven Oaks Hotel, 777 Albert Street  
**7:00am - Gratitude Group** ☺  
Knox Metropolitan Church, Victoria Ave & Lorne Street (Victoria Ave. entrance)  
**12 Noon - Friday Eureka Luncheon Group** ☺  
Eureka Club, 1165 Pasqua Street  
**12 Noon - Out to Lunch Bunch** ☺  
7 Oaks Hotel, 777 Albert Street  
**7:30pm - Big Book Focus Group** ☺  
Wascana Rehabilitation Centre, 2180 – 23<sup>rd</sup> Avenue (2<sup>nd</sup> floor, Room 5) Open meeting 1<sup>st</sup> Friday of the month  
**7:30pm - Fireside Group**  
Broadway United Church, 105 Broadway Avenue (back door)  
**7:30 – 8:45pm – Women's AA Group**  
St. James United Church, 4506 Sherwood Drive (BYOB - Bring Your Own Beverage)  
**7:30pm - Nu-Life Group**  
First Presbyterian Church, Albert Street & 14<sup>th</sup> Avenue (side door) Open Meeting last Friday of the month  
**8:30pm - MACSI House** (Open Meeting)  
Métis Addictions Council of Saskatchewan, 329 College Avenue East – Everyone welcome.  
**9:00pm - North Gate Group** (Open Meeting) ☺  
Zion United Church, 120 Broad Street

## Saturday

**9:00am - Saturday at 9 Group** ☺  
Eureka Club, 1165 Pasqua Street

## 10:00am - The 43<sup>rd</sup> Group

Knox Metropolitan Church, Victoria Avenue & Lorne Street (use Victoria Avenue entrance) Open Meeting last Saturday of the month

## 7:30pm - Nor-West Group

St. James United Church 4506 Sherwood Drive  
Open Mixed Meeting on the last Saturday of the month with Al-Anon

## 8:30pm – Healthy Hearts Group

2710-10<sup>th</sup> Avenue (basement of white row house)  
\* smoking

**\*All meetings are closed unless otherwise indicated**

**\* All meetings are non-smoking unless otherwise indicated**

**Regina AA Office:**  
#312-845 Broad Street  
Regina, SK S4R 8G9  
**Hours:**  
Monday, Wednesday  
and Friday  
12:00pm – 5:00pm  
Closed Statutory Holidays  
**Phone:**  
(306)545-9300  
**E-mail:**  
[a.a@sasktel.net](mailto:a.a@sasktel.net)  
**Web-site:**  
[www.aaregina.com](http://www.aaregina.com)  
**24 Answering Service:**  
(306)545-9300

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