

## Rural Meetings For Districts 15, 17 & 18

### Sunday

**7:30pm – Out of Towners (Open Meeting)**

Balgonie United Church, Balgonie

**8:00pm – Lebret Group**

Trailer behind Eagle Dome Rink, Lebret

### Monday

**12 Noon – All Nations Group** ☺

All Nations Healing Hospital, Fort Qu'Appelle

**8:00pm – Craven Group (Open Meeting)** ☺

Craven Community Hall

**8:00pm – Indian Head Group**

United Church (basement) 801 Buxton Street

Open Meeting 1<sup>st</sup> Monday of the month

### Tuesday

**8:00pm – Vibank Group**

St. Paul's Church, 2<sup>nd</sup> & Main Street

Open meeting last Tuesday of the month

**8:00pm – Getting on Track (Open Meeting)**

Bethune United Church (side door).

### Wednesday

**12 Noon – All Nations Group** ☺

All Nations Healing Hospital – Fort Qu'Appelle

**8:00pm – Southey Group**

Senior Citizen's Club, 132 Keats Street

**8:00pm – Circle of Life Group**

Health Centre, Peepeekisis Reserve

**8:00pm – 1<sup>st</sup> Things 1<sup>st</sup> Fort Qu'Appelle Group**

Outreach Centre, Fort Qu'Appelle.

### Thursday

**8:00pm – Lumsden Valley Group** ☺

Legion Hall, 3<sup>rd</sup> Avenue (Open meeting last Thursday of the month)

**8:00pm – Montmartre Senior Citizens Centre**

One Day At A Time Group

### Friday

**8:00pm – Fort Qu'Appelle Day One Group**

St. Andrews United Church

### Saturday

**10:0am – Regina Beach (Open Meeting)** ☺

United Church, 107 Green Avenue

**7:30pm – Out of Towners (Open Meeting)**

United Church, Balgonie

**\*All meetings are closed unless otherwise indicated**

**\* All meetings are non-smoking unless indicated otherwise.**

### AA Twelve Steps

1. We admitted we were powerless over alcohol – that our lives had become unmanageable.
2. Came to believe that a Power greater than ourselves could restore us to sanity.
3. Made a decision to turn our will and our lives over to the care of God *as we understand Him*.
4. Made a searching and fearless moral inventory of ourselves.
5. Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
6. Were entirely ready to have God remove all these defects of character.
7. Humbly asked Him to remove our shortcomings.
8. Made a list of all persons we had harmed, and became willing to make amends to them all.
9. Made direct amends to such people wherever possible, except when to do so would injure them or others.
10. Continued to take personal inventory and when we were wrong promptly admitted it.
11. Sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.
12. Having had a spiritual awakening as the result of these steps, we tried to carry this message to alcoholics, and to practice these principles in all our affairs.

#### Regina AA Office:

#312-845 Broad Street  
Regina, SK S4R 8G9

#### Hours:

Monday, Wednesday  
and Friday  
12:00pm – 5:00pm  
Closed Statutory Holidays

#### Phone:

(306)545-9300

#### E-mail:

[a.a@sasktel.net](mailto:a.a@sasktel.net)

#### Web-site:

[www.aaregina.com](http://www.aaregina.com)

#### 24 Answering Service:

(306)545-9300

## **Rural Meetings For Districts 15, 17 & 18**

**Revised: February 16, 2011**