

## SUNDAY – REGINA

**9:00am – Sunday @ 9** 

Ramada Hotel, 1818 Victoria Avenue

**10:00am - 12 x 12**

Wascana Rehab. Centre, 2180 - 23rd Ave.,  
Boardroom on 2nd Floor.

**10:00am – Sunrise Breakfast** 

Alano Club, 1165 Pasqua Street.

**11:00am - Fellowship (Open Meeting)**

2710 10th Avenue (basement of beige row  
house).

**11:00am – Meeting in the Park  
(Open Meeting)**

Oct. 7 – May 31, Knox Metropolitan Church,  
2340 Victoria Avenue, Room 105, (use Victoria  
Ave. entrance)

**5:25pm – Rolling Home**

Alano Club, 1165 Pasqua Street.

**7:30pm – Northside** 

St. Peter's Church, 100 Argyle Street North  
(Open Meeting last Sunday of month)

**7:30pm – Vista**

North East Community Centre, 160 Broad  
Street, Regina. (behind Imperial School, back  
door, in basement)

## Alcoholics Anonymous

### **Regina & Districts 15, 17 & 18 Meeting Directory**

Prepared by Regina AA Intergroup

#### **Office:**

#107-845 Broad Street  
Regina, SK S4R 8G9

#### **Hours:**

Monday, Wednesday & Friday  
12:00pm – 5:00pm  
Closed Statutory Holidays

#### **Phone:**

(306)545-9300

#### **E-mail:**

[a.a@sasktel.net](mailto:a.a@sasktel.net)

#### **Web-site:**

[www.aaregina.com](http://www.aaregina.com)

#### **24 Answering Service:**

(306)545-9300

#### **Intergroup Meeting:**

1<sup>st</sup> Wednesday of the month at 7:30pm  
Y.W.C.A.

1940 McIntyre Street, Regina

#### **Districts 15, 17 & 18 Meetings:**

2<sup>nd</sup> Wednesday of the month at 7:30pm  
Mount Olive Lutheran Church  
Hamilton Street & 4<sup>th</sup> Avenue North,  
Regina

\*ALL MEETINGS IN THIS DIRECTORY ARE  
**CLOSED AND NON-SMOKING** UNLESS  
OTHERWISE STATED

 Wheelchair Accessible Meetings

For any revisions to this directory,  
please contact the AA office.

**CONFIDENTIAL**

REVISED APRIL 2019


## MONDAY – REGINA

**7:00am – Monday Breakfast** 

7 Oaks Hotel, 777 Albert St.

**12 Noon – Sisters in Sobriety** 

Sunset United Church, 177 Sunset Drive

**12 Noon - Acceptance is the Answer  
(Open Meeting)** 


Alano Club, 1165 Pasqua Street

**12 Noon – No Name** 

St. Paul's Church, 12<sup>th</sup> Ave. & McIntyre St.,

**12 Noon – Out to Lunch Bunch** 

7 Oaks Hotel, 777 Albert Street

**12:10pm – Monday Noon East Side  
(Open Meeting)** 

Holy Child Church, 2636 7<sup>th</sup> Avenue East

**5:25pm – Rolling Home**

Alano Club, 1165 Pasqua Street.

**7:00pm – We Agnostics**

North East Community Centre, 160 Broad  
Street, Regina. (behind Imperial School, back  
door, in basement)

**8:00pm – Harmony** 

Living Spirit Centre, Doan Drive & Arcola  
Avenue

**8:00pm – Hero AA**

Redeemer Reformation Church, Hill Avenue.

**8:00pm – Massey Road July 2** 

Whitmore Park Community Church, 41  
Birchwood Road

**8:00pm – Novalco** (Step Series)

Our Savior's Lutheran Church, 190 Massey  
Road (parking lot door)

**8:00pm – South Hillsdale** 

Wesley United Church, 3913 Hillsdale Street


**8:00pm – 12 Steps to Recovery**

Northeast Community Centre, 160 Broad  
Street.

**8:30pm – Fellowship**

2710 10<sup>th</sup> Ave (basement of beige row house)

## MONDAY – RURAL


**8:00pm – Craven (Open Meeting)** 

Craven Community Hall

**8:00pm – Indian Head**

United Church Basement, 801 Buxton Street  
(Open Meeting 1<sup>st</sup> Monday of the month)

## TUESDAY – REGINA

**12 Noon - Acceptance is the Answer  
(Open Meeting)** 

Alano Club, 1165 Pasqua Street

**12 Noon – No Name** 

St. Paul's Church, 12<sup>th</sup> Ave. & McIntyre St.,

**5:05pm – Mens Fellowship**

2710-10<sup>th</sup> Ave. (basement of cream row house)

**5:25pm – Rolling Home**

Alano Club, 1165 Pasqua Street

**7:00pm – Jo-Cor**

Regina Correctional Centre (For clearance,  
contact [correctionschair@aaregina.com](mailto:correctionschair@aaregina.com))

**6:00pm – The McEwen Manor Concurrent  
Disorder**

2035 A Osler Street.

**7:30pm – Nu-Life**

First Presbyterian Church, 2170 Albert Street  
(Please use side door).

**7:30pm – Walsh Acres**

New Hope Lutheran Church, 370 McIntosh  
Street North (use North East door).

**7:30pm – Fresh Start (Open Meeting)**

Wascana Rehabilitation Centre, Meeting Room  
5 (by the Cafeteria)

**8:00pm – Home Away from Home 12 and 12**

Westminster United Church, 3025, 13<sup>th</sup> Ave,  
Side entrance, in basement, Use doorbell  
Labelled "Church Office", (Open Mtg. last Tues.  
of each month)

**8:00pm – Pasqua** 

Grace Mennonite Church, 2935 Pasqua St.

**8:00pm – Courage to Recover**

White Pony Lodge - 2901 5<sup>th</sup> Ave., Centre Bldg.

**8:30pm – Four Aces (Open Meeting)**

Indian Métis Christian Fellowship Building,  
3131 Dewdney Avenue


## TUESDAY – RURAL


**7:30pm – Kahkewistahaw**  
Health Centre, Broadview, Sask


**8:00pm – Vibank**  
St. Paul's Church, 2<sup>nd</sup> Avenue & Main Street  
(Open meeting last Tuesday of the month)


## WEDNESDAY – REGINA

**7:00am – Wednesday Breakfast**   
Knox Metropolitan Church, 2340 Victoria Avenue

**12 Noon - Acceptance is the Answer**   
(Open Meeting)  
Alano Club, 1165 Pasqua Street

**12 Noon – No Name**   
St. Paul's Church, 12<sup>th</sup> Ave. & McIntyre St.,

**12 Noon – Out to Lunch Bunch**   
7 Oaks Hotel, 777 Albert Street


**12 Noon – Lucky Nooner AA**   
North East Community Centre, 160 Broad Street, Regina.(behind Imperial School, back door, in basement)

**5:25pm – Rolling Home**  
Alano Club, 1165 Pasqua Street

**7:30pm – Healing Hands**  
St.James Anglican Church, 1105 Empress St.,  
Open Meeting last Wed. of Month. Candle Light Meeting

**7:30pm - White Birch**  
Paul Dojack Youth Centre, Ritter & Toothill,  
Womens Remand, Clearance required

**7:30pm – Burning Bridges**  
Christ Lutheran Church, 4825 Dewdney Ave.  
(backdoor, Downstairs in Serenity Room)  
Candlelight Meeting, Open Mtg. last Wed. of month.


**8:00pm – Heartview**   
Little Flower Church, College Avenue & Edgar Street, (Open Meeting 4<sup>th</sup> Wednesday of month)

**8:00pm – Novalco** (Step Series)  
Our Savior's Lutheran Church, 190 Massey Road (parking lot door)

**7:30pm – One Way**  
St. Mary's Anglican Church, 15<sup>th</sup> Avenue & Montague Street (door locked, please ring bell)

## WEDNESDAY – RURAL


**6:00pm – Standing Buffalo Meeting**  
Standing Buffalo F/N Wellness Centre.


**7:00pm – Circle of Life**   
Health Centre, Peepeekisis Reserve

**8:00pm – Southey**  
Senior Citizen's Club, 132 Keats Street


**8:00pm - 1st Things 1st** - St. Andrews  
United Church - Main Floor - 194 Bay Ave. S.  
Fort Qu'Appelle.


## THURSDAY – REGINA


**12 Noon - Acceptance is the Answer**   
(Open Meeting)  
Alano Club, 1165 Pasqua Street

**12 Noon – No Name**   
St. Paul's Church, 12<sup>th</sup> Ave. & McIntyre St.,

**5:25pm – Rolling Home**  
Alano Club, 1165 Pasqua Street


**7:30pm – The Liver and Onions (Open Meeting)**   
Regina General Hospital Room #4 (Cafeteria)

**8:00pm – Free Speech**   
Holy Child Church, Bentley Drive & 7<sup>th</sup> Avenue E. (Open Meeting last Thursday of the month)

**8:00pm – Northern Lights**   
Norman Kennedy Presbyterian Church, 5303 Sherwood Drive


**8:30pm – Fellowship**  
2710-10<sup>th</sup> Avenue (basement of cream row house)

## THURSDAY - RURAL

**8:00pm – Lumsden Valley**   
St. Peters Roman Catholic Church Hall, 310 Lake Street, (Open meeting last Thursday of the month)


## FRIDAY – REGINA


**7:00am – Recovery First**  
Nicky's Café - 1005 – 8<sup>th</sup> Avenue.

**7:00am – Friday Breakfast (Open Meeting)**   
7 Oaks Hotel, 777 Albert Street


**7:00am – Gratitude**   
Knox Metropolitan Church, Victoria Avenue & Lorne Street (Victoria Avenue entrance)

**11:00am - All Rise**  
3040A - 5th Ave.

**12 Noon – Friday Noon**   
Alano Club, 1165 Pasqua Street

**12 Noon – Out to Lunch Bunch**   
7 Oaks Hotel, 777 Albert Street

**5:25pm – Rolling Home**  
Alano Club, 1165 Pasqua Street

**7:30pm – Big Book Focus**   
Wascana Rehab Centre, 2180 23<sup>rd</sup> Avenue (WRC Boardroom, 2<sup>nd</sup> Floor) (Open meeting 1<sup>st</sup> Friday of month).


**7:30pm – Fireside**  
Broadway United Church, 105 Broadway Avenue (back door)

**7:30pm – Nu-Life**  
First Presbyterian Church, Albert Street & 14<sup>th</sup> Avenue (side door) (Open meeting last Friday of month)

**7:30 - 8:45pm – Women's Serenity**  
St. James United Church, 4506 Sherwood Drive (use west side door).

**7:30 – 8:30 pm – Namaste**  
Sunset United Church, 177 Sunset Drive, Step 11 Meditation.

**8:30pm – MACSI House (Open Meeting)**  
Métis Addictions Council of Saskatchewan 329 College Avenue East (Staff 306-352- 9601)  
Everyone Welcome

**9:00pm – North Gate (Open Mtg)**   
North East Community Centre, 160 Broad Street, Regina.(behind Imperial School, back door, in basement)


**9:30pm – Friday Night Lights**

2710 – 10<sup>th</sup> Ave. (basement of cream row home)


## FRIDAY – RURAL


**8:00pm – Fort Qu'Appelle Day One**  
St. Andrews United Church, Main Floor 194 Bay Avenue

## SATURDAY – REGINA

**9:00am – Saturday at 9**   
Alano Club, 1165 Pasqua Street

**10:00am – The 43<sup>rd</sup>**  
Knox Metropolitan Church, Victoria Avenue & Lorne Street (Victoria Avenue entrance), (Open meeting last Saturday of the month)

**7:30pm – Nor-West**   
St. James United Church, 4506 Sherwood Drive (Open Mixed Meeting last Saturday of the month with Al-Anon)

**7:30pm – Experience, Strength and Hope**   
Alano Club, 1165 Pasqua Street

## SATURDAY – RURAL

**10:00am – Regina Beach (Open Meeting)**   
United Church, 107 Green Avenue

**7:30pm – Out of Towners (Open Meeting)**  
Balgonie United Church, Balgonie